

usdamm 4 31 88 53 95 7 31 88 53 95 9 fo@shelter.de w.shelter.de Dear Friends and Partners of Shelter Now None of us want to hear or read the word "Corona" any longer. Unfortunately, whenever we want to report on Afghanistan and Kurdistan we cannot avoid using this term. In both countries we are in crisis mode just as we are here in Germany. How do we deal with it? Our international colleagues - when they could still leave - decided to stay on and work in their countries no matter what. Not all our projects can continue: the school and the Centre for the Deaf in Kabul have closed, as well as the other training projects in which personal contact is required. Other activities however can operate as before, and specific projects related to the current pandemic have begun. Our report includes the distribution of special hygiene kits in Herat and a freed ISIS slave, who is now in our Trauma-Therapy Centre, relates her ordeal. There is hope! Best wishes **Udo Stolte** and the Shelter Team





"When ISIS came to Shingal they abducted me, my sister, my aunt and my grandfather."

This is the story of Fajza, a freed IS-slave girl. She was a nine year old Ezidi girl when she was taken captive.

"They abducted us in a large car and kept us captive in schools and houses for more than ten months. Every day they took out girls, women or children. One day it was me. They put me in a prison with other girls for 55 days. During this time they gave us a bottle of water and a piece of bread each day. Nothing else! It was cold. We were freezing but they always forced us to take a cold shower.

Then they took me to the house of an IS fighter, Abu Talud. He beat me daily and did terrible thing to me and two other girls. After 15 days he gave me away to a friend, Abu Maimuna. So that's what the IS soldiers did; they passed on girls to their friends. I spent two years with Abu Maimuna. His whole family mistreated me horribly. He beat me and abused me every day. His wife tried to kill me. After a while I became pregnant by him, but lost the child in the womb as a result of his unabated violence. Later Abu Maimuna was shot dead during an air attack. His brothers drew lots to see whose wife I should now become. I lived with the eldest brother for 15 days before he too was shot dead.

SHELTER-Report

For a whole year I was mistreated by the family and terribly beaten every day, until they presented me to a 50 year old man with the name Ali Sen Hadschi. He had a big family with many children and grandchildren. Even his daughters were older than me. In my three years under his roof he also beat me each day and raped me time and again. I became pregnant and had another miscarriage.

A year later I was again expecting a child and gave birth to a boy. The war situation was worsening and we often had nothing to eat. My son became ill in Rakka and I took him to a clinic. As a result the Peschmerga became aware of us. The family tried to flee to Turkey before them, but the Peschmerga caught up with us on the way und took me with them. They put me in prison for 21 days, then escorted me to a house where they took away my child. Finally they transported me to my family.

I am not doing well and feel exhausted, especially when I remember how happy my life had once been.



Our colleague Lena (2nd from left) takes care of Fajza and many other freed IS-slave girls

Our Trauma-Therapy Centre

Fajza is now living in a camp in Northern Iraq and has joined our project. We want to help Ezidi girls and young women process the atrocities they had to endure at the hands of IS henchmen. We have now rented a house in the Northern Iraqi town of Baadre where they can take part in various activities: Therapeutic conversations, sport, art, music, and courses in diverse techniques they can use later to earn money among other things.

It is a pity that the pandemic has delayed this project. Our colleague Lena who has been taking care of the girls and women for years is at present only able to converse with them by telephone. But soon we will begin furnishing the new house. If you want to support this important work – the project number is 8013.

Distribution of the Hygiene-Kits

Herat is the Corona-epicentre of Afghanistan. About 200,000 Afghans have left Iran and crossed into Afghanistan. There are hardly any border controls and many of them have certainly been infected. Large numbers of impoverished families in the city and in camps in Kabul are unable to buy hygiene articles. The little money they have is just enough to buy food, but not soap. So we have distributed hygiene-kits and given them the necessary information.

As in Western countries COVID takes its toll in the income of the population. In particular, the poorer classes, day labourers and casual workers, rickshaw and taxi drivers, truck drivers, restaurant workers, laundresses, internally displaced persons, widows and orphans, as well as many other affected groups lack a daily income and so proverbially lack their "daily bread".

Our colleague Gudrun Göttler has sent the following report:

"Our team in Herat was clear that despite the danger of infection we should face up to this problem in order to help those in need. We wanted to raise awareness of COVID, give practical instructions for daily life, and distribute hygiene articles and food.

The assignments always have the same pattern: First we put together an aid packages for each family. Our two "COVID-Teams" teach the first two groups und then train them in practical hygiene like washing hands. After that the beneficiaries go to registration to collect their aid packages. In the meantime the dentists and their assistants are also actively involved in teaching hygiene. While learning to wash



Our dental staff giving hygiene training to the widows

their hands correctly the locals can ask their question which are answered by the teams.

We conduct these projects at different locations. Here is one example:

393 families live the Sharak Mustafa settlement. For the most part they are widows with their half-orphans.

The women mostly work as day labourers in green houses, clean dried fruits for businesses, work as laundresses in homes etc. As a result of the pandemic these women have lost their sources of income. The settlement administration have decided that all inhabitants are banned from leaving the settlement, so that they will be protected from contact with CODIV-19. Most of the women belong to the Hazara people group who have come from differing areas of Afghanistan. Many are still young and with no school education. Their role is to take care of their children.



Ruhollah and his friend help with the distribution

Fatima's Story

She told me she has been living in the settlement for two years. Her husband had been killed by the Taliban. She had three daughters and a twelve year old son. He now attends school and is in the fourth class. Education has a high priority in the community. Ruhollah helped us diligently on all three days. He carried food to the women in their homes or to the school gate where the children were waiting. As Fatima's children are still very small she can only do house work, and often has nomoney. The aid package was a blessing for her and she thanked us especially for the hygiene teaching and training on the correct way to wash their hands. This is important for all areas of their lives. Now Fatima can train her children from early childhood.

The women were all deeply touched by our practical interest in their lives. They have a real struggle providing for the needs of the family. The Hazara are known as hard workers so it is a great pity when they have no job.



Shelter Now staff during the distribution.

We hope our relief operations have opened the hearts of the women; for we are planning a literacy course followed by vocational training in order to give the women a vision for their future. A good relationship simplifies things tremendously.

| Help for? | Support? Funding: | Amount in euros? | Project (Project no.) |
|---|------------------------------------|------------------|-------------------------------|
| A freed IS sex- | 3 months in Therapy | 45, | Therapy Centre |
| slave | Centre | | Baadre (8013) |
| A freed IS sex- | 1 year in Therapy | 180, | Therapy Centre |
| slave | Centre | | Baadre (8013) |
| A poor family in Afghanistan or Kurdistan | Corona-Hygiene-Kit and training | 50, | Corona-Hygiene- Kit (9500) |

In Kurdistan we also support projects to protect against the virus.

We sincerely thank you for all your support. If at all possible please enable us to continue our work at this difficult time.

> Warm regards, Udo Stolte

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